# 2024 Busy Person's Advent Retreat

## Sponsored by: Servants of the Holy Heart of Mary

Do you desire to live this Advent in a prayerful way?

Are you interested in making a Busy Person's Retreat during the Advent Season?

#### The Busy Person's Retreat is designed:

- For both women and men
- For those who desire a deeper prayer relationship with the Lord
- For those unable to experience a scheduled spiritual retreat due to home and/or work responsibilities

#### For those who can commit to the following:

- At least 30 minutes of silent, personal prayer using scripture each day of the retreat (materials provided)
- Weekly meetings with a spiritual director via phone, a virtual meetings platform such as Zoom, Messenger, or FaceTime, or in person.

Cost for the Busy Person's Retreat is \$25.

### The Busy Person's Retreat is being offered by the following SSCM Spiritual Directors:

#### Susan Amann

samann@sscm-usa.org (708) 790-8141

Sr. Charlene Cesario, sscm charlenemec@gmail.com (217) 841-2916

#### **Kathy Brady-Murfin**

sscm.vocations@gmail.com (815) 814-1414

Sr. Linda Hatton, sscm <u>lhatton@sscm-usa.org</u> (815) 931-1425

Sr. Myra Lambert, sscm lam-bert@sbcglobal.net

(630) 267-4021

For more information, to register, and to participate in A Busy Person's Retreat, please contact the spiritual director of your choice by Friday, November 15, 2024. Date and time arrangements



for weekly meetings will be made to accommodate each participant's individual needs.

You can pay by credit card:

**CREDIT CARD** 

Or by check\*\* mailed to:
Servants of the Holy Heart of Mary
Attn: Susan Amann
2041 W. State Route 113
Kankakee, IL 60901

\*\*Please make checks payable to Servants of the Holy Heart of Mary