

TRAVELING WITH PASSION

We invite you to begin the journey of healing from racism; walk with us by actively working on 1 or 2 of these examples. No one is expected to be able to do all of this immediately.

- Make a commitment to Anti-Racism. (Anti-Racism = a conscious intentional effort to eliminate racism in all its forms – individual, cultural and institutional)*
- Commit to helping your organization take a stance of becoming an Anti-Racist Institution*
- Be conscious of and eliminate racial microaggressions*
- Inspire individuals/groups to curb microaggressions, racist speech and actions*
- Learn all one can about racism – workshops, books, movies, etc.*
- Value the qualities of people whose cultures are other than your own*
- Develop awareness of how white privilege impacts our lives*
- Become aware that racism hurts everyone, not just those oppressed*
- If you are white, be conscious of not having a superior attitude toward People of Color*
- Establish a good relationship with people who serve you, particularly People of Color*
- Be aware of using current and correct terms: Asian, not Oriental; Hispanic or Latinx/Latino/Latina, not Mexican; African American (Black, if it is the person's preference), not Negro or Colored*
- Be conscious of anti-racism in hiring practices*
- Teach others about anti-racism*
- Speak directly and honestly when one observes racism in institutions*
- Have anti-racism dialogue with organizations and support them in their efforts to be anti-racist*
- Utilize social media, e.g. Facebook or email, to convey the message and/or address hostile behavior when you see it online*
- Your other idea(s): _____*

